



SENTINEL VOLLEYBALL TRYOUT SCHEDULE 2025

Attendance is required at all sessions for your class.

Must have a physical completed in order to participate! Uploaded to Dragonfly.

Coaches do not take paperwork.

FRIDAY, AUGUST 15TH

ALL CLASSES: 4-6pm

SATURDAY, AUGUST 16TH

UPPERCLASSMEN: 8-9:30am

FRESHMEN: 9:30-11am

MONDAY, AUGUST 18TH

ALL CLASSES: 8:30-10am

FRESHMEN: 2-4pm

UPPERCLASSMEN (freshmen invite only): 4-6pm

***TUESDAY, AUGUST 19TH (Cuts and team placements)**

FRESHMEN ONLY: 8:30-9:45am

@ 10am Freshmen will be notified of individual cuts/team placements and will be done for the day.

UPPERCLASSMEN (Freshmen invite only): 4-5:30pm Directly after practice, athletes will meet individually with the coaches where player goals, team placements and cuts will be communicated with each athlete.

WEDNESDAY AUGUST 20th: ALL TEAMS REQUIRED TO MEET WITH THE FUNDRAISER REP @1PM, MAIN GYM

Varsity Practice: 11AM-1PM & 4-5:30pm (MB/RS & Setters practice)

JV: TBA

Sophs: TBA

Freshman A: TBA

Freshman B: TBA

THURSDAY AUGUST 21st

Varsity Practice: 11AM-1PM & 4-5:30pm (OH & Setters practice)

JV: TBA

Sophs: TBA

Freshman A: TBA

Freshman B: TBA

FRIDAY, AUGUST 22nd: Team pictures @ 9:30 AM, team building activity to follow

***No practice Saturday 8/23**

After tryouts week, players are required to attend their assigned team's practice Monday-Friday for their entire season (excluding game days and the occasional canceled practice).

REGULAR SEASON PRACTICE SCHEDULE

VARSITY & JV (Main Gym) 4-6pm

SOPHS & FRESHMEN A (Aux) 4-5:30pm (subject to change)

FRESHMEN B (Aux) 5:30-7pm (subject to change)